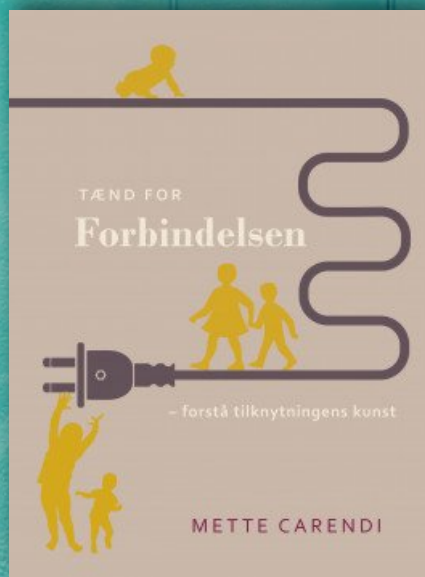
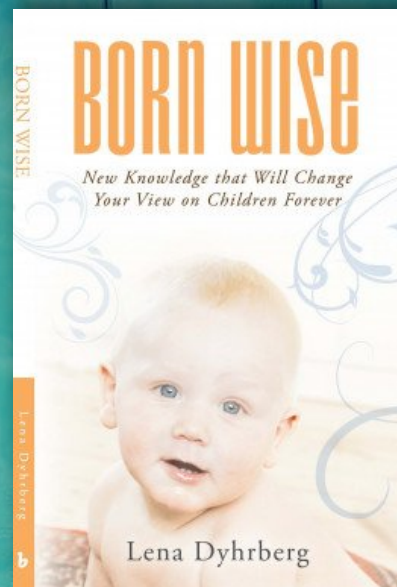
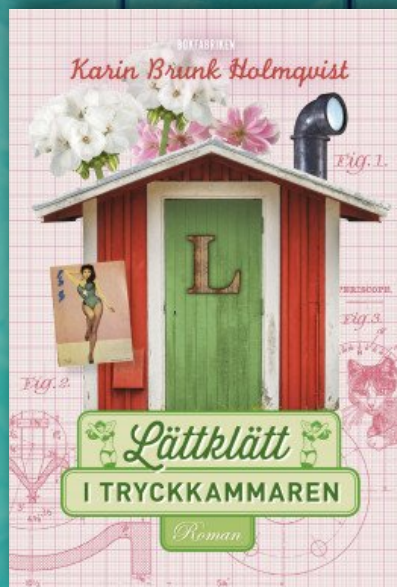
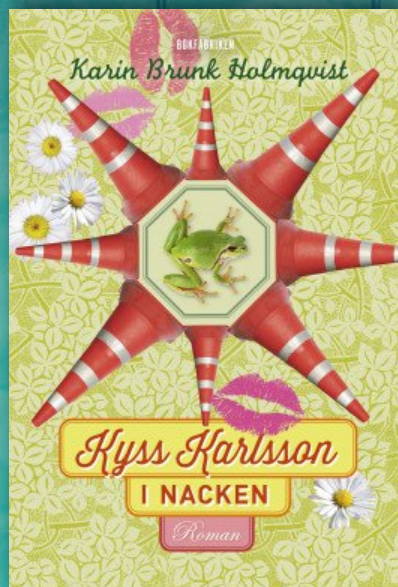




Adult Books - Fiction and Non-fiction

Spring 2022



Karin Brunk
Holmqvist



Kiss Karlsson's Neck

Kyss Karlsson i Nacken

Kiss Karlsson's Neck is another wonderful novel in true Brunk Holmqvist spirit.

Winner of the prestigious *Piratenpriset* 2021, **Karin Brunk Holmqvist** is one of Sweden's most loved authors, her books are all written with heart and humour and with the important message that it is never too late to change your life.

SYNOPSIS

They are an odd bunch, those who live along Cuckoo Road outside Vitaby in Österlen, Sweden. Actually, that's not the real name of the road, but it's an adequate one if you ask the sisters Blenda and Johanna Nilsson, who have lived here all their lives. They follow everything that happens outside closely from behind their lace curtain and eagerly discuss what the neighbours are up to.

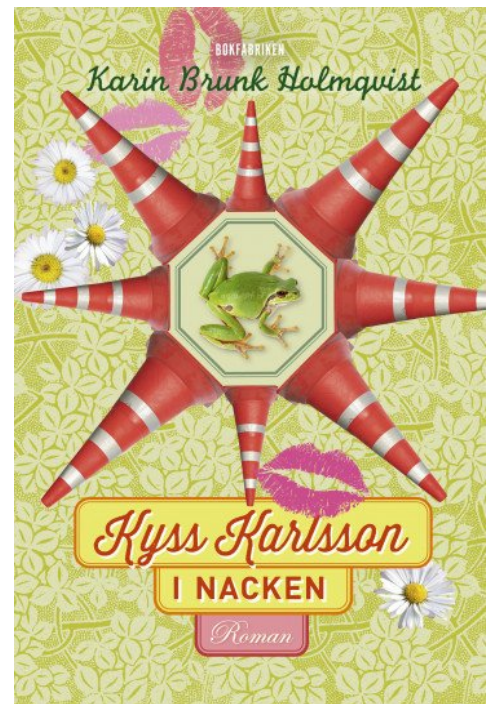
These days there is enough to keep track of, because at the home of the arrogant Louise, panties disappear from the clothesline, Göte is having a thing with Hjärdís, unusual leaf frogs jump around in the biologist Helmer's garden and there are rumors that the municipality intends to dig up the road and maybe even the plots along it.

The quiet lukewarmness of Cuckoo Road is heading towards chaos, and the neighbours do not intend to let it happen. They put their differences to the side and gather to find a solution. The municipality should not think that they can go ahead and do whatever they want in the village.

Yes, "Kiss Karlsson's Neck", as Blenda Nilsson usually says.

REVIEWS

"Karin Brunk Holmqvist is a master at creating a universe in the small, at lighting the candle of the provinces, at seeing the simple in the complex and at teasing out the strengths of people and letting their weaknesses wither." – (Kvällsstunden)



Original Language: Swedish

Original Publisher: Bokfabriken

Published: August, 2021

263 pages

Category: Adult Fiction

Genre: Feel-good

Territories Handled

World Rights (Babel Bridge)

Territories Sold

Norwegian: Vigmostad & Bjørke

Karin Brunk
Holmqvist



Scantly Clad in the Compression Chamber

Lättklätt i tryckkammaren

A heart-warming tale full of humour and wisdom from best-selling Swedish author

Winner of the prestigious *Piratenpriset* 2021, **Karin Brunk Holmqvist** is one of Sweden's most loved authors, her books are all written with heart and humour and with the important message that it is never too late to change your life.

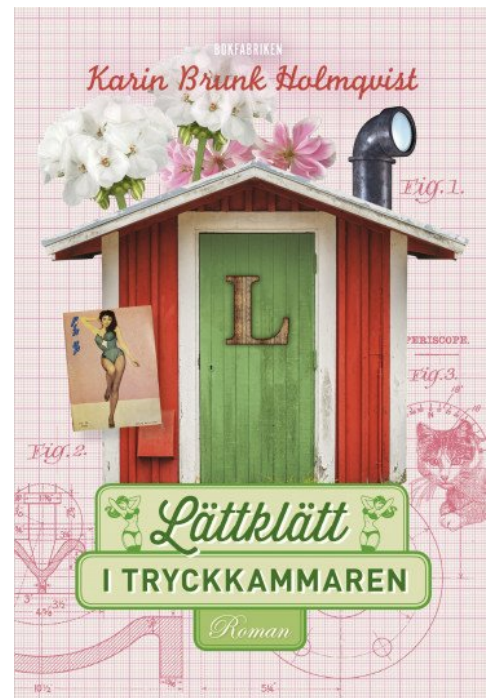
SYNOPSIS

The little house in Ljunglyckorna, Österlen fits Agnes and Adolf perfectly. The retirees never enjoyed their time in the flat in town and they have moved to the countryside again. Agnes can't wait to get her fingers dirty in the garden and she is going to get a cat for sure. Adolf's plan is more downbeat – he does not understand the fuss and why do they need that damn cat at all? But he soon gets something else to think about, because in the house next door, things are happening!

The neighbouring couple, Ruth and Herman, become their friends in a flash and the gentlemen get the habit of disappearing to Herman's shed in the evening. There are strong drinks and pictures of scantily clad ladies.

It is wholly different story at Lutz's place, the neighbour on the other side. From his place, there is constant loud noises and they all wonder what it is he's building. But Lutz keeps it under wraps and lets the other guess. Is it Frankstein's monster hiding under the cover, Adolf worries.

Yes, strange things are happening in the village. People are whispering about the place being haunted and someone is driving around in an old hearse with a flag flying from the antenna. Ljunglyckorna is never going to be the same again.



Original Language: Swedish

Original Publisher: Bokfabriken

Published: September, 2020

271 pages

Category: Adult Fiction

Genre: Feel-good

Film Rights: Babel-Bridge Literary
Agency

Theatre Rights: Per Se AB

Territories Handled

World Rights (Babel Bridge)

Territories Sold

Norwegian: Vigmostad & Bjørke

Lena Dyhrberg



Born Wise

Født klog

A must-have book for all parents to be, increasing the understanding and respect for the intuitive mind of the infant.

Lena Dyhrberg's aim is to increase respect for the infant child and thus enriching the parental experience.

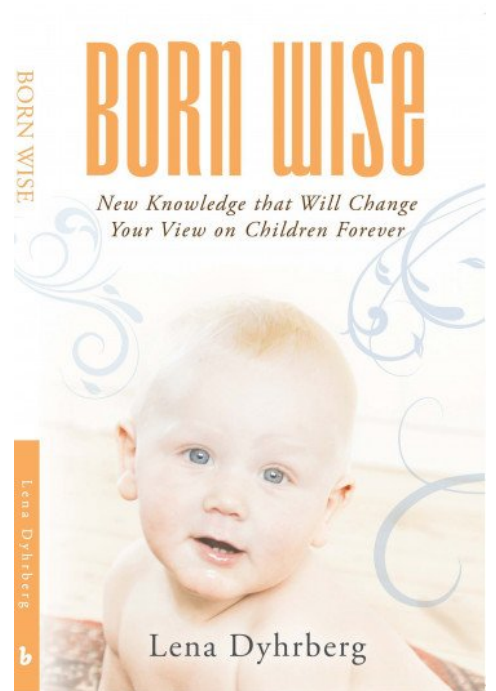
SYNOPSIS

For generations, it has been the common perception that children are inarticulate little creatures who, like empty shells, must be filled with knowledge and experiences.

However, according to family health nurse Lena Dyhrberg, this is not at all the case. Your child arrives in this world with a highly developed intuition and knowledge, and your child understands everything you say.

In her book, which ought to be read by all parents to be, she gives inspiration on how we communicate with our babies, thereby ensuring respect for our child and making parenting a much easier and more fun experience.

The book has been self-published in the US by Balboa Press, but the author has reverted her rights, and we are on the look-out for a regular publishing initiative, both in the US, as well as in the rest of the world.



Original Language: *Danish*

Original Publisher: *Siesta*

Published: *November, 2016*

142 pages

Category: *Adult Non-Fiction*

Genre: *Parenting*

Available material: *Full English translation*

Territories Handled

World Rights (Babel Bridge)

Mette Carendi



The Parental Bond: Understanding the Art of Attachment

Tænd forbindelsen

A thought-provoking and conversation-sparking book about the art of attachment, even in the moments of difficulty and challenge.

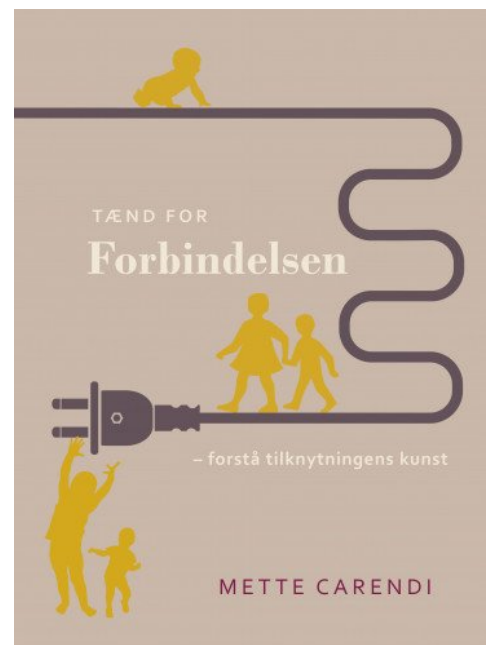
Psychologist, **Mette Carendi**, has dedicated her life to creating awareness of the importance of emotional attachment between children and the primary adults in their lives.

SYNOPSIS

In *The Parental Bond*, Mette Carendi examines how conflicts in parenthood can be handled in a way that creates attachment and security.

It is a life-changing experience to become a parent. When conflicts occur, many parents – regardless of their own childhood experiences – run the risk of breaking the attachment to their child. In this book, psychologist Mette Carendi explains how you can rather use the sorrow and pain to create an even stronger and loving attachment.

'The Parental Bond is a thought-provoking book about the art of attachment. With its focus on those factors that create attachment, its elucidation of the pitfalls of screen use, the role of the institutions, as well as its treatment of special problems relating to boys, this book is an engaging and enriching reading experience about the relationship between children and their parents.'



Original Language: *Danish*

Original Publisher: *Spitzen*

Published: *May, 2019*

245 pages

Category: *Adult Non-Fiction*

Genre: *Parenting*

Available material: *Danish originals and English sample translation.*

Territories Handled

World Rights (Babel Bridge)

Gina Asbjerg



The Gift in the Gut

Gaven i maven

No matter where we come from and how we grew up, we are all likely to have experienced things in our childhood - big and small - that we could not deal with in a mature way at the time - and which continue to influence us, subconsciously, to this day.

The Gift in the Gut provides a tangible new method - drawing on psychology and kinesiology - to heal old traumas and create balance in the present.

Gina Asbjerg is the nurse behind the *Gift in the Gut* method - a method that equips us all to become masters of our own lives.

SYNOPSIS

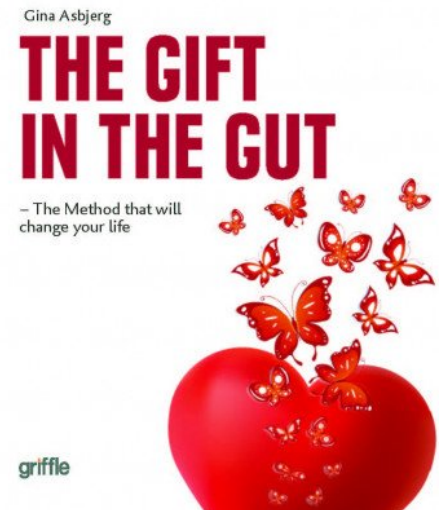
Gina Asbjerg's book, *The Gift in the Gut*, is her attempt to give people a chance to become masters of their own lives once and for all. We all have issues from our childhood which we have subconsciously stored away in our stomach, because we were not mature enough to handle them at the time. In order to move forward and break all the unhealthy patterns we typically repeat in our lives, we need to consciously move the traumas from our stomach into the heart; the heart which has the strength to handle the old issues we were not previously able to address. When that is done, we are able to restore the balance in our lives and move forward.

Gina Asbjerg provides the tools in a clear and accessible way with her *Gift in the Gut* method - her book is aimed at both clients and practitioners.

REVIEWS

"A practical book with an accessible approach to creating awareness and handling traumatic feelings from childhood that are festering in the stomach by developing a personal Hit List. Very useful for those who want to seek alternative treatment" – (Review from Library Organisation)

"Gina Asbjerg's method provides us with a concrete technique on how to address our emotional patterns. Unaddressed emotions stay stuck in our system and prevent us from being connected to our souls. If they linger long enough, unaddressed, they can result in physical illness or depression. They can have a devastating impact on our thought patterns and the energy that thoughts constantly send out. We create our lives with our inner landscape; therefore, it is so important to create an inner landscape where love, peace, joy and mindfulness live. Gina's method helps us meet all the unaddressed emotions in our system with love – thus paving the way for a life of strength, freedom and



Original Language: *Danish*

Original Publisher: *Griffle*

Published: *February, 2020*

257 pages

Category: *Adult Non-Fiction*

Genre: *Personal Development*

Available material: *Danish originals and English sample translation.*

Territories Handled

World Rights (Babel Bridge)

Mette Dahm / Mette Wismann



Become a Viking Mom

A hands-on guide to becoming a confident parent with brave and happy children.

Mette Dahm and **Mette Wismann** are professional pre-school teachers and family counselors.

SYNOPSIS

A concrete and honest guide to not only surviving life with children, but rather how to create a happy family life with more energy and stronger ties.

What the reader gets

1. A hands-on 5-step parenting guide, giving simple and powerful tools for raising amazingly happy children.
2. Techniques that are deeply rooted in Viking and Danish parenting culture, renowned to have strong women who raise happy and independent children.
3. Gives an insight into how the concept of "hygge" and a strong connection to nature is the foundation for raising kids in Denmark.
4. Emphasis on how important the parents' personal well-being is for a happy family life.
5. Inspiration for ways to encourage children to dare more, and thereby boosting their self-esteem.



Original Language: *Danish*

Original Publisher: *Amazon*

Published: *November, 2017*

205 pages

Category: *Adult Non-Fiction*

Genre: *Parenting*

Available material: *Full English translation*

Territories Handled

World Rights (Babel Bridge)

Territories Sold

Polish: Literackie